

Rossmere Primary School

SMSC

(Spiritual, Moral, Social and Cultural Development)



Long Term Plan

<u>Year</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Year 1	<p>SEAL – New Beginnings To know how to contribute to the life of the classroom and to help construct, and agree to follow, group and class rules and to understand how these rules help them.</p> <p>DEMOCRACY THE RULE OF LAW Relationships - SRE To be able to take part in discussions with other children and to be able to think of a friend and understand that friends care for each other and know what makes their friends special.</p> <p>MUTUAL RESPECT Health and wellbeing - Heart Start Making a 999 call. To know how to contact and use the emergency services responsibly.</p>	<p>SEAL – Getting On and Falling Out To know how to develop the skills to build successful relationships.</p> <p>TOLERANCE MUTUAL RESPECT Living in the wider world – Citizenship To understand that people and other living things have needs and that they have responsibilities to meet them. To explore what our responsibilities to our pets are.</p> <p>MUTUAL RESPECT</p>	<p>SEAL – Going for Goals To identify and respect the differences and similarities between people. To know that we all have strengths and weaknesses, but that it is important to be the best we can be.</p> <p>TOLERANCE MUTUAL RESPECT Health and wellbeing - Healthy Eating To know what constitutes a healthy lifestyle including the benefits of, healthy eating. To begin to understand the link between animals and plants and the food on our plate.</p>	<p>SEAL – Good to be Me To be able to recognise different emotions and how we can control them. To reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals.</p> <p>Living in the wider world – ECO Schools Recycling To begin to understand what improves and harms their local environment and about some of the ways people look after their environment. To begin to understand the importance of recycling and reusing.</p> <p>MUTUAL RESPECT</p>	<p>SEAL – Relationships To recognise people who are important to themselves. To identify people who look after them and their family networks. To understand about good and not so good feelings and have a simple vocabulary to describe their feelings to others and simple strategies for managing feelings.</p> <p>MUTUAL RESPECT Living in the wider world - Economic Education To know that money comes from different sources and consider ways that money can be use money in their life. To also know that they need money and know how to look after money.</p> <p>INDIVIDUAL LIBERTY</p>	<p>SEAL – Changes To see things from another person’s point of view. To be able to tell something about themselves that has changed and something that will not change as well as talking about changes that they can make happens. To know that some changes can be made quickly but others take time.</p> <p>TOLERANCE MUTUAL RESPECT Health and wellbeing – Medicines Safety To know that medicines can be harmful if not used properly and to think about people who can give different types of medicines To explore the different roles of medicines and how medicines are taken.</p> <p>THE RULE OF LAW</p>

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	<p>SEAL – New Beginnings To be able to work as a team and agree on a set of class rules. To be able to work co-operatively within a group and to understand how I am similar and different from others in my class. To be able to work as a team listening carefully to each other.</p> <p>DEMOCRACY THE RULE OF LAW</p> <p>Living in the wider world -- ECO Schools Reducing Waste To be able to identify ways to reduce, reuse and recycle in school and local community To design and make items to highlight how materials can be reused and recycled and waste reduced To be able to identify ways to recycle in school.</p>	<p>SEAL – Getting On and Falling Out To know how to maintain a variety of healthy relationships, within a range of social/cultural contexts. To understand how to make someone feel good by giving them a compliment. To know what to say when someone gives them a compliment. To know what qualities make a good friend.</p> <p>TOLERANCE MUTUAL RESPECT Health and wellbeing - Healthy Eating</p> <p>To understand how to keep healthy. To be able to identify a range of different things we do to keep healthy. To be able to make healthy lifestyle choices. To be understand that some foods are healthier than others. To be able to make sensible food choices in order to stay healthy.</p>	<p>SEAL – Going for Goals To set simple goals and recognise the steps needed to reach a goal. To also understand the concept of persistence .</p> <p>MUTUAL RESPECT Living in the wider world -- Economic Education Money and making real choices. To think about how we spend and save money in the context of our own lives (including how to solve problems involving money). To know that most things we need and want cost money as well as knowing that saving for the future is important and that we have to earn money. To also know money comes from different sources and can be used for different purposes. To know that money is important to our daily lives and that money is spent in lots of different ways.</p> <p>INDIVIDUAL LIBERTY</p>	<p>SEAL – Good to be Me To know when it is right to stand up for yourself. To know how to stand up for themselves. To understand what assertive means and how to respond to a negative situation in a non-aggressive way.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Relationships - SRE To understand the importance of and how to maintain personal hygiene and to know the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls.</p> <p>MUTUAL RESPECT</p>	<p>SEAL – Relationships To identify when they feel cared for and know when they love or care for someone or something. To be able to say how they are cared for and identity feelings of love. To be able to identify why people make choices and begin to understand that when someone leaves they have hard choices, sometimes no choice but they still care for them.</p> <p>TOLERANCE MUTUAL RESPECT Health and wellbeing - Heart Start</p> <p>The Conscious Casualty To know the signs to tell them if a person is conscious and to identify dangers around the home.</p>	<p>SEAL – Changes To tell you things about themselves that have changed and some things that will not change. To understand that things change over time. To be able to set achievable targets To be able to reflect on their own learning.</p> <p>TOLERANCE MUTUAL RESPECT Health and wellbeing - Medicines and Drugs Safety in the home and school. To have an awareness of decision making, getting help involving safety in the household. To be aware that their decisions have consequences. To know how to keep safe in the home and at school. To be able to identify how medicines can be used in a positive way as well as understanding that all medicines are drugs. To understand how to use medicines safely. To have an awareness of how to stay healthy when using medicines. THE RULE OF LAW MUTUAL RESPECT</p>

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Year 3	<p>SEAL – New Beginnings To be able understand the importance of rules. To talk about why we have rules. To understand what would happen if there were no rules. To know about respect for self and others and the importance of responsible behaviours and actions.</p> <p>DEMOCRACY THE RULE OF LAW Health and wellbeing - Healthy Eating Children to begin to make informed choices and to begin to understand the concept of a ‘balanced lifestyle’ to recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet.</p>	<p>SEAL – Getting On and Falling Out Children to be able to explain why it is important to work as a team and to understand why people might fall out as well as beginning to suggest ways to stop people falling out.. Children to be able to recognise signs of anger and suggest methods for calming down.</p> <p>TOLERANCE MUTUAL RESPECT Living in the wider world – ECO Schools Children to research, and discuss the issue of litter including discussing the problems concerning health and wellbeing associated with litter and offering their recommendations. Children to recognise the effect that littering can have upon the environment and to recognise that there are ways to dispose of different types of rubbish correctly.</p>	<p>SEAL – Going for Goals Children to understand why we need to set goals and begin to understand how to achieve a goal. Children to begin to set their own success criteria so that they will know when they have reached their goal. MUTUAL RESPECT Relationships - SRE Children to deepen their understanding of good and not so good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others. Children to begin to judge what kind of physical contact is acceptable or unacceptable and how to respond. TOLERANCE MUTUAL RESPECT THE RULE OF LAW</p>	<p>SEAL – Good to be Me Children know about themselves and how they learn. Children to be able to explain what feeling surprised is like and say whether they like surprises or if they like things to stay the same. Children to think about their worries and decide what they might do about them as well as knowing when they should share a worry. Children to also understand that most people have worries. MUTUAL RESPECT Living in the wider world – Economic Education Children to understand that individuals may need or choose to spend their money in different ways. Children to understand that there are different ways to gain money as well as knowing how money can make things different for other people here and in other countries. INDIVIDUAL LIBERTY</p>	<p>SEAL – Relationships Children to take responsibility for their behaviour and know when something is their fault and when something is not their fault. Children to be able to explain why something has hurt their hurt my feelings as well as thinking of ways to make amends if they have done something cruel or unkind. TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Drugs and Medicines Smoking For children to be able to recognise the long and short term effects of smoking as well as being able to discuss about the reasons why people smoke. Children to express an opinion about smoking and to be understand that risky situations involve making choices. THE RULE OF LAW TOLERANCE MUTUAL RESPECT</p>	<p>SEAL – Changes Children to know about change, including transitions between Key Stages and schools. Children to discuss and record changes that they have experienced and understand it is a normal process as well as understanding that change make you feel lots of different emotions. TOLERANCE MUTUAL RESPECT Health and wellbeing - Heart Start The Unconscious Casualty To develop the skills to recognise when a patient is unconscious and to practise placing a casualty in the recovery position using the correct sequence of actions when a casualty is unconscious.</p>

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Year 4	<p>SEAL – New Beginnings For children to know that they belong to a community. Children to know how to make someone feel welcomed and valued at school as well as knowing what it feels like to be unwelcome. TOLERANCE MUTUAL RESPECT</p> <p>Relationships - SRE Children to discuss and issues, problems and events. To know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules. Children to understand that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong. Children to know that their actions affect themselves and others and that they need care about other people's feelings and try to see things from another person's point of view. DEMOCRACY THE RULE OF LAW TOLERANCE MUTUAL RESPECT</p>	<p>SEAL – Getting On and Falling Out For children to understand why it is important to calm down before becoming overwhelmed by feelings of anger and for them to discuss some of the ways that they could stop themselves being overwhelmed by feelings of anger. For children to begin to think of and use peaceful problem solving to sort out difficulties. TOLERANCE MUTUAL RESPECT</p> <p>Living in the wider world – Economic Education Children to understand that individuals may need or choose to spend their money in different ways. Children to also understand that you can plan for future spending and know how and why saving money for the future is important. Children to know that making comparisons between the costs of good and services is important in managing your money. INDIVIDUAL LIBERTY</p>	<p>SEAL – Going for Goals Children to set a goal as well as setting their own success criteria so that they know when they have reached their goal. Children to be able to recognise when they find learning difficult and persevere and keep going even when the task is difficult or boring. Children to be able to think of ways to overcome barriers to learning and recognise when they have reached their goal. TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Healthy Eating A Healthy Packed Lunch Children to understand what makes a healthy packed lunch. Children to be able to design their own packed lunch and compare their balance of foods with government guidelines. Children to be able to identify the changes they need to make to the lunches to make them healthy.</p>	<p>SEAL – Good to be Me Children to be able to explain what hopeful and disappointed mean and use strategies to help them cope with feelings of disappointment and feelings of hopelessness. To also recognise when they are beginning to get upset or angry and have some ways to calm down. TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Drugs and Medicines Alcohol Children to be able to describe reasons why some people choose to drink alcohol and some don't. Children to understand how people's choices about drinking alcohol can have an impact on others. Children to think about their own attitudes to drinking and how and why some people resist drinking alcohol even when others pressurise them. MUTUAL RESPECT THE RULE OF LAW</p>	<p>SEAL – Relationships To understand how they might hurt others feelings and understand how most people feel when they lose something special or someone they love. Children to be able to express how they feel about the important people or animals in their life, children to also understand that we remember people even if we no longer have contact with them. TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Heart Start Serious Bleeding To develop the skills to recognise when a patient has a serious bleed and to practise assisting the casualty. To know how to ring the emergency services.</p>	<p>SEAL – Changes Children to think about and try to explain why they behave as they do when they find a change difficult. Children to also discuss some of the reasons that change can feel uncomfortable and scary and know some ways of dealing with the feelings that sometimes arise from changes. Children to sometimes understand why other people behave as they do when they are finding a change difficult. TOLERANCE MUTUAL RESPECT</p> <p>Living in the wider world – ECO Schools Water Children to understand the importance of water in the world. To explore why we need water and investigate places around the world where water is scarce. Children to investigate how we waste water around school and what can we do in school / at home to waste less water and encourage people to save water.</p>

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Year 5	<p>SEAL – New Beginnings Children to know they belong to their class and to understand that they are valued within school. Children to begin to recognise that their increasing independence brings increased responsibility to keep themselves and others safe.</p> <p>TOLERANCE MUTUAL RESPECT Living in the wider world – Economic Education Children to know that in the UK some things are deducted from earnings, to know what is deducted from earnings and why. Children to consider degrees of risk and the possible consequences of taking financial risks. Children to also consider the needs of the global environment and the impact of consumer choices. (Fair Trade)</p> <p>INDIVIDUAL LIBERTY DEMOCRACY THE RULE OF LAW</p>	<p>SEAL – Getting On and Falling Out Children to develop and use skills to solve problems peacefully to help other people resolve conflict. Children to begin to think about and explain some things that a good leader should do. To accept and appreciate people’s friendship.</p> <p>DEMOCRACY THE RULE OF LAW TOLERANCE MUTUAL RESPECT Health and wellbeing - Drugs and Medicines Taking Risks Children to be aware of different sorts of risk-taking activities. Children should be able to identify the different types of risks people take and understand that risks may have both positive and negative consequences. Children to begin to weigh up reasons for and against certain risks, based on possible outcomes. Children to also discuss their experiences of risk taking identifying how they felt and what they learned as a result of taking a risk.</p> <p>INDIVIDUAL LIBERTY DEMOCRACY THE RULE OF LAW</p>	<p>SEAL – Going for Goals Children to know what some people in their class like or admires about them. They set themselves a goal or challenge and apply what they have learned in order to achieve that goal. They can also explain what they need to learn next as well as being able to recognise and celebrate their own achievements.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Living in the wider world – Citizenship When is enough, enough? Children to recognise the difference between right and wrong and to begin to understand how their behaviour can affect others. Children to explore the effects of theft, unkindness, discrimination and hatred towards others.</p> <p>DEMOCRACY THE RULE OF LAW TOLERANCE MUTUAL RESPECT</p>	<p>SEAL – Good to be Me Children to be able tell the difference between showing that they are proud and boasting and understanding that boasting can make other people feel inadequate or useless. Children to also understand that they can disagree with someone without falling out and to develop a range of strategies to help them cope when someone disagrees with them.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Relationships - SRE Children to know how their body will change as they approach and move through puberty. Children to also know what makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health and how to make informed choices.</p> <p>MUTUAL RESPECT Health and wellbeing - Heart Start Choking To know the signs to tell them if a person is choking Make and follow a checklist of actions to take when a casualty is choking. Children to be able to direct others on how to deal with someone who is choking.</p>	<p>SEAL – Relationships Children to think about what embarrasses them and discuss about when they have felt embarrassed and what it felt like but to also know some things to do when they feel embarrassed that will not make things worse. To discuss when they helped someone who felt embarrassed explaining how they can make people feel good about themselves.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Living in the wider world – ECO Schools Light Children to understand the importance of reducing the amount of energy we use. To investigate why we need light and what sources of light do we use. Children to investigate how much energy is used when we switch a light on and be introduce solar energy and the benefits of alternative energy sources.</p>	<p>SEAL – Changes Children to understand how it might feel when a change takes them away from familiar people and places and that sometimes there can be positive outcomes from changes that we didn’t welcome initially. Children to understand why people might behave the way they do when they are facing a difficult change and that people respond differently to changes and challenges.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Healthy Eating How do we make choices about the food we eat? Children to understand that there are a range of people who might influence what they eat. Children to know who influences their food choices and how do they do this. Children to investigate how adverts influence their choices. Children to design adverts for healthy / natural foods using some of the strategies the food companies use.</p>

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Year 6	<p>SEAL – New Beginnings Children to know they belong to their class and understand their responsibilities within school and to understand that they are respected and valued within school. Children to recognise that their increasing independence brings increased responsibility to keep themselves and others safe. TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Crucial Crew Children take part in a multi-agency initiative that has taught throughout Hartlepool. Crucial takes place at EDF Energy's Hartlepool Power Station, and uses a series of practical workshops to re-create dangerous situations that children may encounter in their every day lives. The issues covered include fire safety, kitchen safety, road/personal safety, safety at the coast, electrical safety, railway safety, building site safety and firework safety. MUTUAL RESPECT THE RULE OF LAW</p>	<p>SEAL – Getting On and Falling Out When working in a group children can tell people if they agree or don't agree with them and why. When working in group children to listen to people even when they don't agree with them and think about what they have said. Children to know how it might feel to be excluded or treated badly because of being different in some way. TOLERANCE MUTUAL RESPECT</p> <p>Living in the wider world -- Citizenship Coming To Britain Children to understand how immigration can enrich our country. Children to explore different groups of people who have come to live in Britain over time and investigate the contributions they have made to our society. Children to also think about their attitudes towards people who belong to different races. TOLERANCE MUTUAL RESPECT THE RULE OF LAW INDIVIDUAL LIBERTY</p>	<p>SEAL – Going for Goals Children to know and understand that we all have strengths and weaknesses, but that it is important to be the best we can be. TOLERANCE MUTUAL RESPECT Living in the wider world -- Economic Education Children to know that there are a range of salaries for different jobs. Children to also understand what value for money is. Children to recognise that choices related to money may be limited and we need to make choices regarding how money is spent. INDIVIDUAL LIBERTY</p>	<p>SEAL – Good to be Me Children to be recognise when they are feeling worried and know who to talk to about their concerns. Children to also be able to recognise when they are beginning to be overwhelmed by their feelings and to have and use a calming down strategy. TOLERANCE MUTUAL RESPECT that works for them. Health and wellbeing - Drugs (Easy 6) Children to know about the effects of legal drugs. Children to also develop the skills to manage and resist different pressures they will face in everyday life to help them make safe and healthy choices. Children to also explore the law in relation to the Internet and legal drugs. TOLERANCE MUTUAL RESPECT THE RULE OF LAW Heart Start Suspected Heart Attack Children to recognise the signs and symptoms of a heart attack and make a checklist of signs and symptoms / actions. Children to discuss ways to prevent a heart attack, for then to know what things are good / bad for the heart. Children to encourage others to look after their heart.</p>	<p>SEAL – Relationships Children to be aware of some of the feelings people have when someone close to them dies or leaves and to understand that different people show their feelings in different ways. Children to develop strategies to manage feelings associated with loss and understand that there is not just one way to grieve. Children to begin to develop skills to help support someone who is unhappy because they have lost someone or something. TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Healthy Eating What do I know about healthy eating? Children to be able to explain what I have learned about healthy eating including correct portions linked to government guidelines or a selection of healthy options.</p>	<p>SEAL – Changes Children to know that it is natural to be wary of change, and know why change can be daunting. Children to also be aware that when they move to secondary school many things in their lives will stay the same but to also have some strategies for managing the feelings they might have when they change schools. TOLERANCE MUTUAL RESPECT Living in the wider world -- ECO Schools Travel Children to begin to understand the importance of sustainable travel options. Children to explore how travel is damaging the environment and know what forms of travel we use. Children to think of ways of how we could we be more environmentally friendly when travelling, especially when travelling to school. MUTUAL RESPECT</p>